



# BREAKFAST

## PEQUENO ALMOÇO

SERVING BREAKFAST DAILY  
FROM 7AM TO 3PM.  
SUNDAY UNTIL 2PM.

### SINTRA BENEDICT

Two poached eggs, sliced roma tomatoes, over sourdough bread, served with Sintra potatoes. Choice of our signature chipotle or traditional hollandaise sauce.\*  
Sub gluten free bread | 2

#### LINGUIÇA, BAVARIAN HAM, OR ITALIAN

**SAUSAGE** | 15

**ROMA TOMATO AND AVOCADO** | 14

**THICK BACON AND ROMA TOMATO** | 15

**BAKED SALMON** | 16

**PRAWN** | 16

**SPINACH AND ROMA TOMATO** | 14

### OMELETS

Served with Sintra potatoes and European variety of toast. Sub gluten free bread | 2  
Sub fruit for potatoes | 2

#### FETA CHEESE & PROVENÇAL OLIVES

With fresh basil and sweet peppers | 11  
With linguíça | 12

#### ITALIAN SPICY SAUSAGE

With mozzarella cheese and fresh roma tomatoes | 12

#### GREEN CHILI

With ham, brie cheese and sautéed onions | 12

#### SPINACH & GOAT CHEESE

With sautéed onions, garlic and white wine | 11

#### BRIE CHEESE

With sautéed mushrooms, parsley and roma tomatoes | 11

#### BACON & MOZZARELLA CHEESE

With sautéed onions, mushrooms, roma tomatoes | 12

#### HAM & SWISS CHEESE

With sautéed mushrooms | 12

### EGGS

Served with Sintra potatoes and European variety of toast. Sub gluten free bread | 2  
Sub fruit for potatoes | 2

#### TWO EGGS\*

Prepared any style with your choice of a side of Italian link sausage, ham, linguíça or bacon | 10

#### STEAK\*

Thinly sliced and sautéed in parsley and garlic, topped with two eggs any style | 12.50

#### LINGUIÇA SCRAMBLE

Linguíça, scrambled eggs, sautéed onions, mushrooms, fresh cilantro | 12

#### AVOCADO AND ROMA TOMATO SCRAMBLE

With fresh cilantro, green chillies and lime crema | 12

### SINTRA SPECIALTIES

Served with Sintra potatoes.  
Sub gluten free bread | 2

#### FRIED EGG SANDWICH

Two eggs prepared over medium with thick bacon, sliced avocado, roma tomatoes and dijonaise sauce | 13

#### FRANCESCA SANDWICH

With two scrambled eggs, bacon and Swiss cheese on a Tuscan bread with dijonaise sauce | 12

#### MONTE CRISTO SANDWICH

With scrambled eggs, grilled ham, havarti cheese and dijonaise sauce | 13

#### SPINACH CREPE

Filled with scrambled eggs, goat cheese, sautéed spinach and mushrooms, with a side of fresh fruit (does not include side of potatoes) | 11

### OLD FAVORITES

#### PANCAKES

Three old fashioned buttermilk pancakes | 10  
Add fresh fruit | 2

#### PANCAKE TRIO

Two pancakes, two eggs prepared any style and a choice of meat (Italian link sausage, ham, linguíça or bacon) | 12

#### FRENCH TOAST

Sourdough bread dipped in a vanilla custard | 10  
Add fresh fruit | 2

#### FRENCH TOAST TRIO

Three pieces of french toast, two eggs prepared any style and a choice of meat (Italian link sausage, ham, linguíça or bacon) | 12

#### OATMEAL

Thick rolled oats cooked to order served with brown sugar, raisins and your choice of milk cup - 5 | bowl - 7  
Add fresh fruit | 2

#### BELGIAN WAFFLE

Topped with strawberries, banana and whipped cream | 10

#### PEACH CREPE

Filled with baked peaches, cinnamon, walnuts, whipped cream | 10

#### HOUSEMADE GRANOLA

With roasted coconut, cranberries, raisins, nuts, honey, milk | 7  
with fruit | 8 with yogurt and fruit | 10

### SIDES

One pancake | 3.50

One egg | 2

Sintra potatoes | 3

Vanilla yogurt | 4

Side of avocado | 3

Fruit bowl (fresh seasonal fruit) | 5

Fruit & yogurt | 7

Side of meat | 4

Sintra's European variety of toast | 2

Gluten free toast | 3

### DRINKS

ESPRESSO, ARTISAN TEA, COCKTAILS, BEER,  
WINE, JUICES, HOMEMADE ICED TEA.

ASK SERVER FOR DRINK MENU.

\*Consuming raw or under-cooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness.

We have many gluten free, dairy free, vegetarian options. Please ask your server.