



# LUNCH

## ALMOÇO

SERVING BREAKFAST DAILY  
FROM 7AM TO 3PM.  
SUNDAY UNTIL 2PM.

MAKE YOUR OWN COMBO CHOOSE FROM OUR SELECTION OF SALADS, SOUPS AND SANDWICHES.

### SPECIALTIES

Served with fresh bread, excluding tacos.  
Sub gluten free bread | 2

#### PORTUGUESE CHICKEN STEW

Shredded chicken, white beans and roasted green chiles topped with mozzarella cheese and sour cream  
cup | 7 bowl | 10

#### MARINATED STEAK AND LINGUIÇA SKEWERS\*

Grilled and served with a Portuguese salad | 12

#### SEAFOOD GAZPACHO

Chilled tomato soup served with prawns. A blend of cucumbers, roma tomatoes, sweet peppers, fresh garlic, olive oil, topped with cilantro and avocado cup | 7.50 bowl | 11.50

#### ASEVEDO TACOS\*

Three grilled steak and linguica tacos, with sautéed onions, fresh cilantro, roma tomatoes, avocado and lime crema, served over corn tortillas | 12

### SALADS

Served with fresh bread. Sub gluten free bread | 2  
1/2 salad with 1/2 sandwich or a cup of soup | 12

#### MIXED GREENS

With sliced strawberries, candied nuts, sliced apples and balsamic vinaigrette\* half 7 | full 10

#### PEAR SALAD

With gorgonzola cheese, candied nuts and poppyseed dressing\* over mixed greens half 7 | full 10

#### PORTUGUESE SALAD

With cucumbers, mushrooms, roma tomatoes, onions, peppers and feta cheese served with tomato dijon or creamy balsamic vinaigrette\* over mixed greens half 8 | full 11

#### WILTED SPINACH

With sautéed mushrooms, onions, goat cheese and honey tomato dijon dressing half 7.50 | full 10.50

### ENTREÉ SALADS

#### STEAK\*, PRAWN OR SALMON

With mixed greens, cured onions, roma tomatoes, capers and balsamic vinaigrette\* half 9 | full 12

#### CHICKEN SALAD

Mixed greens with sautéed chicken breast, candied nuts, gorgonzola cheese, grapes and poppyseed dressing\* half 9 | full 12

### ADD TO SALAD (half/full)

Steak* 4   5	Hard boiled egg   2
Chicken 3   4	Avocado   2
Salmon 4   6	Spinach   0.50
Prawns 4   6	Cheese   0.75

We have many gluten free, dairy free, vegetarian options. Please ask your server.

**cafesintra.com**

1024 NW Bond Street, Downtown Bend  
(541) 382-8004

### SANDWICHES

Served with kettle chips. Sub gluten free bread | 2  
1/2 sandwich with 1/2 salad or a cup of soup | 12

**PORTUGUESA** - Linguica with sautéed onions, sweet peppers, mushrooms and herb mayonnaise | 12

**ITALIANA** - Italian spicy sausage with sautéed onions, marinara sauce and mozzarella cheese | 12

**FAVORITA** - Ham and brie cheese, roma tomato, mixed greens and herb mayonnaise | 11

**LISBOA** - Chicken breast strips, sautéed onions and sweet peppers with herb mayonnaise | 11.50

**BISTRO BAGUETTE** - Prosciutto and Swiss cheese with roma tomato, mixed greens and Dijon | 11.50

**PREGO\*** - Marinated steak and Swiss cheese with sautéed onions and herb mayonnaise or Dijon | 12.50

**RUSTICA** - Turkey breast and havarti cheese with roma tomatoes, mixed greens and herb mayo | 11

**TURKEY CLUB** - Sliced turkey breast, bacon, Swiss cheese, sliced roma tomato, avocado and herb mayonnaise | 12.50

**MARCOS** - Salami and goat cheese with roasted sweet peppers and balsamic vinaigrette | 10

**SUNRIVER BISTRO** - Ham, salami and prosciutto with Swiss cheese, mixed greens, roma tomatoes and herb mayonnaise | 12

**VERDURA** - Herb goat cheese and grilled tomatoes with mixed greens and balsamic vinaigrette\* | 10

**LUISA'S VEGGIE** - Spinach and goat cheese, with sautéed onions, mushrooms and fresh roma tomatoes, with balsamic vinaigrette\* | 11

### PIZZETA

**PORTUGUESA** - With ham, hard boiled eggs, Provençal olives, red onions and mozzarella cheese | 12

**PROSCIUTTO** - With goat cheese, olive oil and Provençal olives | 11

**LINGUIÇA** - With red onions, roasted pepper and mozzarella cheese | 12

**MOZZARELLA** - With fresh basil and roma tomatoes | 11

**SALMON** - With green apple, onions, mozzarella cheese | 14.50

**SHRIMP** - With fresh basil, mushrooms and mozzarella cheese | 14.50

### SOUPS

Fresh homemade soup prepared daily or Portuguese gazpacho  
cup | 5 bowl | 7

### DRINKS

ESPRESSO, ARTISAN TEA, COCKTAILS, BEER,  
WINE, JUICES, HOMEMADE ICED TEA.

ASK SERVER FOR DRINK MENU.

\*Consuming raw or under-cooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness.