



# BREAKFAST

## PEQUENO ALMOÇO

SERVING BREAKFAST DAILY  
FROM 7AM TO 3PM.  
SUNDAY UNTIL 2PM.

### SINTRA BENEDICT

Two poached eggs, sliced roma tomatoes, over sourdough bread, served with Sintra potatoes.  
Sub gluten free bread | 2

#### TRADITIONAL\*

Choice of bacon, ham or link sausage, traditional hollandaise | 16

#### SOUTHWEST\*

Spicy sausage patty, chipotle hollandaise | 16

#### VERDURA\*

Choice of avocado or spinach, traditional hollandaise | 15

#### PORTUGUESE\*

Linguiça sausage, fresh cilantro, chipotle hollandaise | 16

#### SEAFOOD\*

Choice of salmon or shrimp, traditional hollandaise | 17  
Salmon and shrimp combo | 20

### OMELETS

Served with Sintra potatoes and European variety of toast. Sub gluten free bread | 2  
Sub fruit for potatoes | 2

#### MEDITERRANEAN

Linguiça, feta cheese, provençal olives, fresh basil and sweet peppers | 14

#### LUNA

Italian spicy sausage, mushrooms, onions, peppers, spinach, mozzarella cheese, topped with spicy tomato sauce | 14

#### GREEN CHILI

With ham, brie cheese and sautéed onions | 13

#### SPINACH & GOAT CHEESE

With sautéed onions, garlic and white wine | 12

#### BRIE CHEESE

With sautéed mushrooms, parsley and roma tomatoes | 12

#### BACON & MOZZARELLA CHEESE

With sautéed onions, mushrooms, roma tomatoes | 13

#### HAM & SWISS CHEESE

With sautéed mushrooms | 13

### EGGS

Served with Sintra potatoes and European variety of toast. Sub gluten free bread | 2  
Sub fruit for potatoes | 2

#### TWO EGGS\*

Prepared any style with your choice of a side of Italian link sausage, ham, linguiça or bacon | 12

#### STEAK\*

Thinly sliced and sautéed in parsley and garlic, topped with two eggs any style | 14

#### LINGUIÇA SCRAMBLE

Linguiça, scrambled eggs, sautéed onions, mushrooms, fresh cilantro | 13

#### AVOCADO AND ROMA TOMATO SCRAMBLE

With fresh cilantro, green chillies and lime crema | 13

#### HUEVOS RANCHEROS

Corn tortillas topped with black bean puree, 2 eggs any style, spicy tomato sauce, cotija cheese, fresh cilantro, and sour cream | 13 (add avocado | 2)

### SINTRA SPECIALTIES

Served with Sintra potatoes.  
Sub gluten free bread | 2

#### FRIED EGG SANDWICH

Two eggs prepared over medium with thick bacon, sliced avocado, roma tomatoes and dijonaise sauce | 14

#### FRANCESCA SANDWICH

With two scrambled eggs, bacon and Swiss cheese on a Tuscan bread with dijonaise sauce | 13

#### MONTE CRISTO SANDWICH

With scrambled eggs, grilled ham, havarti cheese and dijonaise sauce | 14

#### SPINACH CREPE

Filled with scrambled eggs, goat cheese, sautéed spinach and mushrooms, with a side of fresh fruit (does not include side of potatoes) | 12

#### BREAKFAST BURRITO

Scrambled eggs, Sintra potatoes, mozzarella cheese in a flour tortilla topped with spicy tomato sauce and sour cream (choice of ham, linguiça, bacon, or sausage) | 12

### OLD FAVORITES

#### PANCAKES

Three old fashioned buttermilk pancakes | 11  
Add fresh fruit | 2.5

#### PANCAKE TRIO

Two pancakes, two eggs prepared any style and a choice of meat (Italian link sausage, ham, linguiça or bacon) | 13

#### FRENCH TOAST

Sourdough bread dipped in a vanilla custard | 11  
Add fresh fruit | 2

#### FRENCH TOAST TRIO

Three pieces of french toast, two eggs prepared any style and a choice of meat (Italian link sausage, ham, linguiça or bacon) | 13

#### OATMEAL

Thick rolled oats cooked to order served with brown sugar, raisins and your choice of milk cup - 6 | bowl - 8  
Add fresh fruit | 2.5

#### BELGIAN WAFFLE

Topped with strawberries, banana and whipped cream | 11

#### PEACH CREPE

Filled with baked peaches, cinnamon, walnuts, whippedcream | 11

#### HOUSEMADE GRANOLA

With roasted coconut, cranberries, raisins, nuts, honey, milk | 8  
with fruit | 9 with yogurt and fruit | 11

### SIDES

One pancake   4	Fruit bowl (fresh seasonal fruit)   5
One egg   2.5	Fruit & yogurt   8
Sintra potatoes   3	Side of meat   4
Vanilla yogurt   4	Sintra's European variety of toast   2
Side of avocado   3	Gluten free toast   3

### DRINKS

Espresso, artisan tea, cocktails, beer, wine, juices, homemade iced tea.

ASK SERVER FOR DRINK MENU.

\*Consuming raw or under-cooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness.

We have many gluten free, dairy free, vegetarian options. Please ask your sever.

