



BREAKFAST

PEQUENO ALMOÇO

SERVING BREAKFAST DAILY
FROM 7AM TO 3PM.
SUNDAY UNTIL 2PM.

SINTRA BENEDICT

Two poached eggs, sliced roma tomatoes, over sourdough bread, served with Sintra potatoes.
Sub gluten free bread | 2

TRADITIONAL*

Choice of bacon, ham or link sausage, traditional hollandaise | 17.50

SOUTHWEST*

Spicy sausage patty, chipotle hollandaise | 17.50

VERDURA*

Choice of avocado or spinach, traditional hollandaise | 16.50

PORTUGUESE*

Linguiça sausage, fresh cilantro, chipotle hollandaise | 17.50

SEAFOOD*

Choice of salmon or shrimp, traditional hollandaise | 19.50
Salmon and shrimp combo | 22.50

OMELETS

Served with Sintra potatoes and European variety of toast. Sub gluten free bread | 2.50
Sub fruit for potatoes | 2.50

MEDITERRANEAN

Linguiça, feta cheese, provençal olives, fresh basil and sweet peppers | 14.50

LUNA

Italian spicy sausage, mushrooms, onions, peppers, spinach, mozzarella cheese, topped with spicy tomato sauce | 14.50

GREEN CHILI

With ham, brie cheese and sautéed onions | 14.50

SPINACH & GOAT CHEESE

With sautéed onions, garlic and white wine | 14.50

BRIE CHEESE

With sautéed mushrooms, parsley and roma tomatoes | 14.50

BACON & MOZZARELLA CHEESE

With sautéed onions, mushrooms, roma tomatoes | 14.50

HAM & SWISS CHEESE

With sautéed mushrooms | 14.50

EGGS

Served with Sintra potatoes and European variety of toast. Sub gluten free bread | 2.50
Sub fruit for potatoes | 2.50

TWO EGGS*

Prepared any style with your choice of a side of Italian link sausage, ham, linguiça or bacon | 13.50

STEAK*

Thinly sliced and sautéed in parsley and garlic, topped with two eggs any style | 17.50

LINGUIÇA SCRAMBLE

Linguiça, scrambled eggs, sautéed onions, mushrooms, fresh cilantro | 15.50

AVOCADO AND ROMA TOMATO SCRAMBLE

With fresh cilantro, green chillies and lime crema | 14.50

HUEVOS RANCHEROS

Corn tortillas topped with black bean puree, 2 eggs any style, spicy tomato sauce, cotija cheese, fresh cilantro, and sour cream | 14.50 (add avocado | 2)

SINTRA SPECIALTIES

Served with Sintra potatoes.
Sub gluten free bread | 2

FRIED EGG SANDWICH

Two eggs prepared over medium with thick bacon, sliced avocado, roma tomatoes and dijonaise sauce | 15.50

FRANCESCA SANDWICH

With two scrambled eggs, bacon and Swiss cheese on a Tuscan bread with dijonaise sauce | 15.50

MONTE CRISTO SANDWICH

With scrambled eggs, grilled ham, havarti cheese and dijonaise sauce | 15.5

SPINACH CREPE

Filled with scrambled eggs, goat cheese, sautéed spinach and mushrooms, with a side of fresh fruit (does not include side of potatoes) | 13.50

BREAKFAST BURRITO

Scrambled eggs, Sintra potatoes, mozzarella cheese in a flour tortilla topped with spicy tomato sauce and sour cream (choice of ham, linguiça, bacon, or sausage) | 13.50

OLD FAVORITES

PANCAKES

Three old fashioned buttermilk pancakes | 13.50
Add fresh fruit | 3

PANCAKE TRIO

Two pancakes, two eggs prepared any style and a choice of meat (Italian link sausage, ham, linguiça or bacon) | 15.50

FRENCH TOAST

Sourdough bread dipped in a vanilla custard | 14
Add fresh fruit | 3

FRENCH TOAST TRIO

Three pieces of french toast, two eggs prepared any style and a choice of meat (Italian link sausage, ham, linguiça or bacon) | 16

OATMEAL

Thick rolled oats cooked to order served with brown sugar, raisins and your choice of milk cup - 7.50 | bowl - 10.50
Add fresh fruit | 2.5

BELGIAN WAFFLE

Topped with strawberries, banana and whipped cream | 13.50

PEACH CREPE

Filled with baked peaches, cinnamon, walnuts, whipped cream | 14.50

HOUSEMADE GRANOLA

With roasted coconut, cranberries, raisins, nuts, honey, milk | 9.50
with fruit | 10.5 with yogurt and fruit | 12.50

SIDES

One pancake 5	Fruit bowl (fresh seasonal fruit) 5.5
One egg 2.5	Fruit & yogurt 9.5
Sintra potatoes 3.5	Side of meat 4
Vanilla yogurt 4	Sintra's European variety of toast 2.5
Side of avocado 3.5	Gluten free toast 3.5

DRINKS

Espresso, artisan tea, cocktails, beer, wine, juices, homemade iced tea.

ASK SERVER FOR DRINK MENU.

*Consuming raw or under-cooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness.

We have many gluten free, dairy free, vegetarian options. Please ask your server.